



2019 Speedo Junior National Championships

Stanford, CA (USA)

August 6 - 10, 2019

Event 115 8 AUG 2019 - 05:00

Women's 400m Freestyle

Final

Results Résultats / Results

Event Number 15

	Record	Splits	Name	NOC Code	Location	Date
WR	3:56.46	57.05	1:57.11	2:57.62	LEDECKY Katie	USA Rio de Janeiro (BRA) 7 AUG 2016
WJ	3:58.37	57.87	1:58.30	2:58.74	LEDECKY Katie	USA Gold Coast (AUS) 21 AUG 2014
CR	4:07.26	1:00.02	2:02.30	3:05.55	RYAN Gillian	USA Indianapolis, IN (USA) 15 AUG 2012

Final C

Rank	Lane	Name	NOC Code	R.T.	Time	FINA Points
1	6	HEIN Anna	ABF	0.83	4:20.03	
50m (7) 30.69	100m (3) 1:03.03 32.34	150m (3) 1:36.20 33.17	200m (1) 2:09.08 32.88	250m (1) 2:42.07 32.99	300m (1) 3:14.93 32.86	350m (1) 3:48.35 33.42
2	4	LIU Amelia	LAC-NT	0.72	4:20.25	
50m (6) 30.48	100m (6) 1:03.60 33.12	150m (5) 1:36.73 33.13	200m (5) 2:10.09 33.36	250m (5) 2:43.38 33.29	300m (5) 3:16.45 33.07	350m (3) 3:48.99 32.54
3	1	ORANGE Audrey	AGUA	0.71	4:20.99	
50m (2) 30.19	100m (1) 1:02.92 32.73	150m (2) 1:36.17 33.25	200m (3) 2:09.52 33.35	250m (3) 2:42.71 33.19	300m (3) 3:16.35 33.64	350m (4) 3:49.38 33.03
4	2	GORMSEN Cavan	LIAC	0.73	4:21.31	
50m (1) 30.14	100m (2) 1:03.00 32.86	150m (1) 1:35.89 32.89	200m (2) 2:09.32 33.43	250m (2) 2:42.34 33.02	300m (2) 3:15.82 33.48	350m (2) 3:48.90 33.08
5	3	SHANLEY Kathryn	FST	0.82	4:21.63	
50m (4) 30.42	100m (4) 1:03.22 32.80	150m (4) 1:36.24 33.02	200m (4) 2:09.60 33.36	250m (4) 2:42.89 33.29	300m (4) 3:16.41 33.52	350m (5) 3:49.56 33.15
6	7	HEFNER Faith	MAC-NC	0.78	4:22.18	
50m (8) 31.11	100m (8) 1:03.99 32.88	150m (7) 1:37.25 33.26	200m (7) 2:10.73 33.48	250m (7) 2:44.07 33.34	300m (6) 3:16.90 32.83	350m (6) 3:49.98 33.08
7	8	BROOKS Lillianna	TOPS	0.77	4:22.54	
50m (5) 30.47	100m (7) 1:03.97 33.50	150m (8) 1:37.55 33.58	200m (8) 2:11.33 33.78	250m (8) 2:44.77 33.44	300m (8) 3:17.78 33.01	350m (7) 3:50.71 32.93
8	5	GROTTLIE Abby	SA	0.70	4:24.11	
50m (3) 30.38	100m (5) 1:03.33 32.95	150m (6) 1:36.95 33.62	200m (6) 2:10.50 33.55	250m (6) 2:43.93 33.43	300m (7) 3:17.33 33.40	350m (8) 3:51.12 33.79

Final B

Rank	Lane	Name	NOC Code	R.T.	Time	FINA Points
1	3	MORGAN Michelle	PS-FL	0.62	4:17.35	
50m (3) 29.86	100m (2) 1:02.41 32.55	150m (2) 1:35.31 32.90	200m (1) 2:08.04 32.73	250m (1) 2:40.63 32.59	300m (1) 3:12.84 32.21	350m (1) 3:45.26 32.42
2	2	EAKER Summer	MAC-NC	0.77	4:18.87	
50m (2) 29.83	100m (=4) 1:02.69 32.86	150m (1) 1:35.28 32.59	200m (3) 2:08.54 33.26	250m (2) 2:41.49 32.95	300m (3) 3:14.80 33.31	350m (3) 3:47.79 32.99
3	1	PREBLE Avere	CLOV	0.71	4:18.97	
50m (4) 30.01	100m (7) 1:02.83 32.82	150m (6) 1:35.83 33.00	200m (7) 2:08.98 33.15	250m (5) 2:41.88 32.90	300m (2) 3:14.78 32.90	350m (2) 3:47.43 32.65
4	6	KARRAS Sophia	LIAC	0.75	4:20.71	
50m (6) 30.16	100m (=4) 1:02.69 32.53	150m (5) 1:35.75 33.06	200m (5) 2:08.80 33.05	250m (7) 2:42.30 33.50	300m (7) 3:15.59 33.29	350m (4) 3:48.59 33.00
5	8	PRUITT Mary Cate	IA	0.76	4:20.83	
50m (7) 30.25	100m (6) 1:02.77 32.52	150m (7) 1:35.96 33.19	200m (6) 2:08.85 32.89	250m (6) 2:42.18 33.33	300m (=4) 3:15.30 33.12	350m (5) 3:48.62 33.32
6	4	ROGHAIR Aurora	IFLY	0.76	4:21.28	
50m (1) 29.55	100m (1) 1:02.25 32.70	150m (3) 1:35.39 33.14	200m (4) 2:08.57 33.18	250m (3) 2:41.85 33.28	300m (=4) 3:15.30 33.45	350m (6) 3:48.68 33.38
7	5	WILLIAMS Kaylee	CW	0.70	4:21.75	
50m (5) 30.05	100m (3) 1:02.47 32.42	150m (4) 1:35.55 33.08	200m (2) 2:08.43 32.88	250m (4) 2:41.87 33.44	300m (6) 3:15.44 33.57	350m (7) 3:49.02 33.58
8	7	SU Stephanie	SWRD	0.77	4:25.86	
50m (8) 30.71	100m (8) 1:03.92 33.21	150m (8) 1:37.48 33.56	200m (8) 2:11.09 33.61	250m (8) 2:44.93 33.84	300m (8) 3:18.71 33.78	350m (8) 3:53.02 34.31

Official Timekeeping by Omega





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Final A

Rank	Lane	Name	NOC Code	R.T.	Time	FINA Points
1	5	COX Jillian	ATAC	0.65	4:13.24	
50m (4) 29.43	100m (2) 1:01.12 31.69	150m (3) 1:33.78 32.66	200m (1) 2:06.03 32.25	250m (1) 2:38.34 32.31	300m (1) 3:10.51 32.17	350m (2) 3:42.89 32.38
2	4	HECKMAN Miranda	PLS	0.80	4:13.27	
50m (3) 29.41	100m (1) 1:01.03 31.62	150m (1) 1:33.68 32.65	200m (3) 2:06.41 32.73	250m (2) 2:38.44 32.03	300m (2) 3:10.82 32.38	350m (1) 3:42.83 32.01
3	3	MARQUARDT Ellie	ATOM	0.81	4:13.49	
50m (=1) 29.32	100m (3) 1:01.33 32.01	150m (2) 1:33.70 32.37	200m (2) 2:06.39 32.69	250m (3) 2:38.52 32.13	300m (3) 3:11.05 32.53	350m (3) 3:43.01 31.96
4	2	GROYSMAN Yulia	SMAC	0.48	4:16.16	
50m (=1) 29.32	100m (4) 1:01.50 32.18	150m (4) 1:34.03 32.53	200m (4) 2:06.82 32.79	250m (4) 2:39.36 32.54	300m (4) 3:12.10 32.74	350m (4) 3:44.47 32.37
5	6	SHIMIZU-BOWERS Hana	LIAC	0.78	4:17.44	
50m (5) 29.65	100m (5) 1:01.90 32.25	150m (5) 1:34.30 32.40	200m (5) 2:07.05 32.75	250m (5) 2:39.48 32.43	300m (5) 3:12.29 32.81	350m (5) 3:45.07 32.78
6	7	JOHNSON Lauryn	LIAC	0.75	4:20.16	
50m (7) 30.04	100m (7) 1:02.42 32.38	150m (8) 1:35.59 33.17	200m (8) 2:08.95 33.36	250m (8) 2:42.23 33.28	300m (8) 3:15.71 33.48	350m (8) 3:48.65 32.94
7	8	McCORMICK Paige	HEAT	0.73	4:20.24	
50m (8) 30.31	100m (8) 1:02.43 32.12	150m (7) 1:35.27 32.84	200m (6) 2:08.20 32.93	250m (=6) 2:41.67 33.47	300m (6) 3:15.02 33.35	350m (7) 3:48.40 33.38
8	1	ANTONIUK Bella	LIAC	0.73	4:20.89	
50m (6) 29.94	100m (6) 1:02.14 32.20	150m (6) 1:35.13 32.99	200m (7) 2:08.36 33.23	250m (=6) 2:41.67 33.31	300m (7) 3:15.33 33.66	350m (6) 3:48.28 32.95

Legend:	= Equal rank	CR Championship Record	R.T. Reaction Time	WJ World Junior Record
WR	World Record			

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